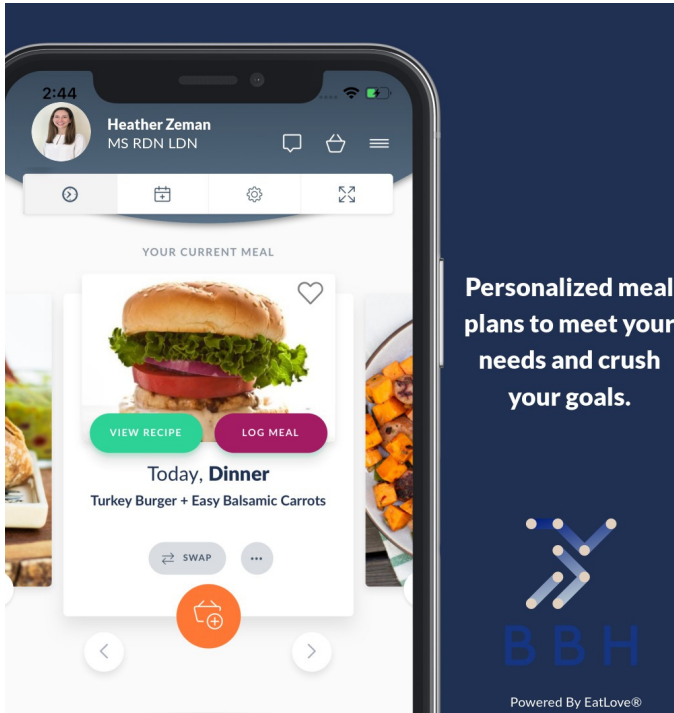




EatLove

Monthly Meal Planning is Here!

LET SOMEONE ELSE PLAN DINNER.



Personalized meal plans to meet your needs and crush your goals.

HIGHLIGHTS INCLUDE

- Personalized meals
- Access to 5000+ recipes
- Grocery lists
- Grocery delivery
- Restaurant
- Weekly RD chat support

[Click to see it in action!](#)

WHY EATLOVE?

After an **initial onboarding session**, weekly recommendations are customized to your food preferences & nutritional needs.

The **power is in your hands** to swap meals, adjust leftovers, and even order groceries directly, making EatLove **ideal for busy individuals**, families, and anyone looking for **inspiration in the kitchen**.

Whether **used independently or alongside nutrition counseling**, the interactive EatLove platform allows a level of personalization to help you **manage your health and reach your personal goals**.

MEMBERSHIP DETAILS

Subscriptions are available on a **month-to-month** basis.

\$150 for the first month

- Initial 60-min evaluation and EatLove onboarding

\$95 per month to follow

- Weekly chat with Heather
- Cancel any time
- Option to add 1:1 nutrition sessions and food log reviews